

# VOLUNTEERS REQUIRED (BEFRIENDERS)



**Full Training Provided** 



# Reaching out to help those in need

If you can spare a minimum of 3 hours a week please call Fauzia, Monday to Wednesday, on 0121 382 1930

Witton Lodge Community Association, 87 Witton Lodge Road, Birmingham B23 5JD

## BEFRIENDER ROLE DESCRIPTION

#### VOLUNTEER ROLE: WELLBEING BEFRIENDER

Hours: 3-hours minimum per week

Location: Kingstanding/Perry Common/Wyrley Birch/New Oscott/Erdington

Reporting to: Project Supervisor

Travel expenses will be reimbursed

#### PURPOSE OF ROLE

Witton Lodge Community Association is seeking voluntary wellbeing befrienders to support the delivery of programmes which benefit older people in the community, helping them to engage in activities. You will also conduct regular visits to clients who are vulnerable or housebound in order to manage their needs productively.

# Key tasks include:

Completing client activity notes

Undertaking training and development opportunities on topics like Safeguarding, GDPR & first aid.

Assisting with monitoring & evaluation

Providing telephone support & responding to emails

Submitting activity notes & expenses on a monthly basis

#### PERSON SPECIFICATION

Essential	Desirable
Good interpersonal communication  A friendly, reliable and caring personality	Lives in Erdington, Kingstanding or neighbouring areas i.e. Great Barr, Oscott, Wyrley Birch, Perry Common New Oscott
A flexible approach to work and teamworking	In-depth knowledge of the North Birmingham area, its local groups and available activities for older people
Strict adherence to confidentiality policies and practices	
Experience of supporting or caring for vulnerable or older adults (paid or unpaid)	

A DBS check and 2 references (1 professional and 1 personal) will be required for this post.

### WHAT WE OFFER:

Comprehensive training

Experience in social prescribing, wellbeing and combatting isolation

Expenses accrued in fulfilling role duties are reimbursed

Experience of working in a team with both full-time trained staff and other volunteers

Food Fridays (a free monthly event)